### **RECYCLED DRUMS!**

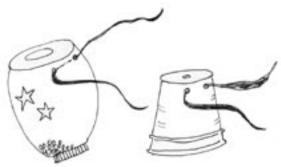
I. grab a big plastic bottle (pretzel jar) or an old white bucket (remove the handle) and decorate it with stickers, etc.

2. put beads, popcorn, etc. or cardboard tube beads (scrap box) inside your jar for a snare/shaker effect.

3. tuck it under one arm and play it with the other hand!

#### OPTION I: MAKE IT WEARABLE:

Drill 2 holes in it for a waist strap: in the side, near the bottom of the jar (the top of the drum). drill holes about 4 inches apart. Thread a piece of rope through one side and out the other so that the rope can be tied around your waist. Tie it on and play with your hands like a hand drum!



#### OPTION 2: MAKE A MALLET OR 2 TO PLAY IT WITH:

grab any stick or a bamboo stick (scrap box) and ...

wrap one end of the stick with a whole bunch of rubber bands to form a mallet head...

or, get some foam rubber sticker stuff (scrap box) and wrap it around the stick, then cover that with a few rubber bands or some electrical tape.

## BAMBOO BUNDLES: HAWAIIAN PUILI (poo-EE-lee) STICKS

(you'll make a pair of them to click against each other) I. Grab 16 bamboo sticks, (can be found at the scrap box - cut them all to about 15" long) and some duct tape or electrical tape 2. Use 8 for each bundle: hold them in a bundle and tape them together so the tape will form a handle near one end. If you want a decorative "tail", tape some ribbon or yarn in while you are making the handle. You can tie beads or buttons onto these tails later.

3. Decorate your duct tape handles by covering it with yarn, leather, colored elec. tape, etc.

4. Decorate your "tail" with beads, etc.

5. Play some rhythms by clicking them together, on the ground, on your shoulders, on your knees, with your neighbor... see if you can create a "dance" to do in a circle of friends, clicking your neighbor's sticks, too.

# SHAKERS AND MARACAS

I. Grab any old plastic bottle with a lid (or any container with a tight-closing lid)

2. Fill it with sound: rice, popcorn, old beads, etc. Fill it only about 1/3 full!

3. Decorate it! Grab some sticker paper (scrap box) and scissors, papier mache it and paint it... etc!

If you like a handle as in a pair of maracas,

use 2 small 8 oz. water bottles and get a 7/8" wood dowel,

cut the dowel into 2 pieces, about 6" long, and push the dowels into the bottle. Secure with a wrap of electrical tape. Decorate as above, or leave it clear so you can see the beads inside.

4. shake!

## SISTRUMS

### (ONE OF THE MOST ANCIENT RATTLES)

I. Find a "Y" tree branch (like a sling shot) from a wood pile, or from your parents' careful pruning.

Grab some old bottle caps, buttons, beads, and some bendable wire, like copper wire.

2. have an adult cut a length of wire, not too much longer than the Y. Attach wire to one side of the Y by wrapping it around the branch. (or pre-drill holes into the arms and poke the wire through before wrapping it around, so the wire will stay up near the top better)

3. thread your bottle caps etc, onto the wire. Make sure to leave empty space on the wire, so they can slide back and forth and make a good sound!

4. wrap wire around the other side of the Y

5. decorate the handle with yarn, string, beads, tape, etc. make a tail with beads on it if you like.

6. shake back and forth for a nice metal shaker

(if you use metal bottle caps) sound!

